Community Group Animal Services	Contact Details: (04) 570 6666	Services being offered Animals - roaming, any concerns	Sector
Essential Household Supplies	0800 141 967	If you don't have essentials 1) Try Neighbour 2)	Animals
Laserral Frouserrold Supplies	0300 141 307	Family member who lives nearby 3) Friend who lives by If none of	
		these options are available then please call	
Hutt TimeBank	Vireton Condoll at	supposing support instead of payment for support	Community
work and Income	Kirsten Gendell at 0800 559 009	swapping support instead of payment for support For financial assistance please have a look online first if you have access otherwise call the 0800# they have	Community
Samaratans	0800 726 666	Samaritans offer confidential, non-religious and non-judgemental support to anyone who may be feeling	Community
Studen Army	Alice Soper 027 5519796	Assistance with pick up of groceries, prescriptions, phonecalls to check in	Community
	·		Community
English Language Partners	Christine Cook - 04 5701335	Providing online content	ESOL
City Mission	0800 245 0900	Kai parcels	FI
Kokiri Marae	0508kokiri	Working from home in regular contact with whanau via phone and online. Will be receiving about 300-400	Food
Oasis Church	Darryl Green - 0273255329	Food Parcels and touching base with people over the phone	Food Food
Salvation Army	(04) 389 0594	Delivering food parcels needs assessment can be done over the phone by calling the general number or email	1 000
	Txt 4114 with your Name and Postcode		
	Wellington.foodbank@salvationarmy.or		
St Matthew's Anglican Church	g.nz. Rev Robyn McLay: 0273487730	Food parcels - Taita Area	Food
Taita	Nev Nobyli McLay. 0273487730	Tood parcers - Talta Area	Food
Taita Pomare Community Trust	(04) 939 8345	Operating food bank currently	Food
Wesley Haven	Kena Duignan - P: (04) 385 3727 M: 021	Foodbank, calls to kaumatua to check on wellbeing and see if assistance is required	Food/Wellbeing
Atareira	190 3818 (04) 499 10 49	Mental Health support for Whanau and families	checkin calls Health
Heart Foundation	Cath Lyders - (04) 472 2780 ext 2	Phone calls and a newsletter to check in. People with heart condtions have a higher risk of developing	- Industria
		complications if infected with Covid-19. Also asking for volunteers in community to do grocery drops off,	
		pharmacy drop offs etc for clients too	Hoalth
HUCHs	(04) 567 6414	Currently offering drop in clinic for their paitents for flu injection. Doing outreach call to their patients and doing	Health
	(5.7, 55. 5.2.	phonecall appoinments	
			Health
Hutt Valley DHB: Homelessness & General	corinne.thompson@huttvalleydhb.org.nz		Health
Mental Health and Wellbeing	Txt 1737 - (this is free)	This txt puts you in touch with trained counsellors - Anxiety; Distress; Mental Health or Wellbeing; Grief.	nealth
	, , ,	Available 7 days a week 24 hours free anytime	Health
Suicide Crisis Helplin	0508 828 865	BAU State of the s	Health
Vibe	04 566 0525	Primary Health Services available only must make an appointment over the phone and ring on arrival and you will be let in. Youth Payments still being proccessed, counselling, social work are contacting rangatahi by phone	
		doing check ins	
-			Health
Lower Hutt Afterhours Medical Centre - COVID-19 testing	(04) 567 53 45 729 High Street, Lower Hutt	Open to the public for covid-19 testing Monday - Friday 8.30am-10pm Weekends - 8am - 10pm	
centre - covid-13 testing	723 High Street, Lower Hutt	weekends - bann - 10pm	
			Health
Brittania House	Henare Parker: 027 226 5881	Essential staff only, still taking referrals, if referrals have symptoms they will not be accepted, have rooms for	
	Wgtn City Mission: (04) 245 0900	isolation if necessary, will support other service providers	Hamada sa
Nga Anahera o Te Awakairangi	Princess & Sandy: 027 346 6709	Food for the homeless, collection and delivery of food and essential items, welfare checks for homeless. Have 8	Homeless
	,	homes who will take in homeless persons for the lockdown period	
			Homeless
Temporary Accomodation Hutt Valley DHB:	0508754163 corinne.thompson@huttvalleydhb.org.nz	If you don't have anywhere to live during lockdown	Homeless
Homelessness & General	comme.thompson@nattvaneyunb.org.mz		Homless
Tuatahi	Awhina: 027 581040	Emergency Housing, Assistance finding accomodation for homeless, Foodbank	
Emergency Housing	Office: (04) 650 3388		Homless
Community Law: Wellington & Hutt Valley	(04) 568 8964	Providing legal and immigration advice	Legal
Te Whare Tane	Greg Finnigan: 022 365 9394	Emergency Housing for Men	
Age Concern	İ	Efficiency floating for Men	Man
	Jacqui Evley - (04) 499 6648		Men
Domentia Wellington	Jacqui Eyley - (04) 499 6648	Assisting with shopping, prescription pick ups	Men Seniors
Dementia Wellington	(04) 972 2595	Assisting with shopping, prescription pick ups Support over the phone from a Dementia Advisor	
Dementia Wellington Dignity First	, , , , ,	Assisting with shopping, prescription pick ups Support over the phone from a Dementia Advisor Support for any day to day task that older people and whanau need, can help families organise their elderly	Seniors Seniors
	(04) 972 2595 0800 4344 6489	Assisting with shopping, prescription pick ups Support over the phone from a Dementia Advisor	Seniors
Dignity First Hutt Valley DHB Care Coordination	(04) 972 2595 0800 4344 6489 UH and LH 04 566 2226 and for wellington, porirua and kapiti 04 238 2020	Assisting with shopping, prescription pick ups Support over the phone from a Dementia Advisor Support for any day to day task that older people and whanau need, can help families organise their elderly loved ones, whether that being picking up groceries, prescriptions or whatever the family needs. If you have concerns of the wellbeing or mental health of your elderly. Susan will be able to assess or direct to the correct agency.	Seniors Seniors Seniors Seniors
Dignity First Hutt Valley DHB Care Coordination Supergrans Charitable Trust	(04) 972 2595 0800 4344 6489 UH and LH 04 566 2226 and for wellington, porirua and kapiti 04 238 2020 (04) 566 9778	Assisting with shopping, prescription pick ups Support over the phone from a Dementia Advisor Support for any day to day task that older people and whanau need, can help families organise their elderly loved ones, whether that being picking up groceries, prescriptions or whatever the family needs. If you have concerns of the wellbeing or mental health of your elderly. Susan will be able to assess or direct to the correct agency. Phone and email consultations	Seniors Seniors Seniors
Dignity First Hutt Valley DHB Care Coordination	(04) 972 2595 0800 4344 6489 UH and LH 04 566 2226 and for wellington, porirua and kapiti 04 238 2020	Assisting with shopping, prescription pick ups Support over the phone from a Dementia Advisor Support for any day to day task that older people and whanau need, can help families organise their elderly loved ones, whether that being picking up groceries, prescriptions or whatever the family needs. If you have concerns of the wellbeing or mental health of your elderly. Susan will be able to assess or direct to the correct agency.	Seniors Seniors Seniors Seniors
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Dignity First Hutt Valley DHB Care Coordination Supergrans Charitable Trust Wesley Haven Birthright Kokiri Marae	(04) 972 2595 0800 4344 6489 UH and LH 04 566 2226 and for wellington, porirua and kapiti 04 238 2020 (04) 566 9778 Kena Duignan - P: (04) 385 3727 M: 021 190 3818	Assisting with shopping, prescription pick ups Support over the phone from a Dementia Advisor Support for any day to day task that older people and whanau need, can help families organise their elderly loved ones, whether that being picking up groceries, prescriptions or whatever the family needs. If you have concerns of the wellbeing or mental health of your elderly. Susan will be able to assess or direct to the correct agency. Phone and email consultations Foodbank, calls to kaumatua to check on wellbeing and see if assistance is required Only phone advice Working from home in regular contact with whanau via phone and online. Will be receiving about 300-400	Seniors Seniors Seniors Seniors Seniors Seniors Seniors
Dignity First Hutt Valley DHB Care Coordination Supergrans Charitable Trust Wesley Haven Birthright	(04) 972 2595 0800 4344 6489 UH and LH 04 566 2226 and for wellington, porirua and kapiti 04 238 2020 (04) 566 9778 Kena Duignan - P: (04) 385 3727 M: 021 190 3818 04 5677123 and 0800 457 146 option 2	Assisting with shopping, prescription pick ups Support over the phone from a Dementia Advisor Support for any day to day task that older people and whanau need, can help families organise their elderly loved ones. whether that being picking up groceries, prescriptions or whatever the family needs. If you have concerns of the wellbeing or mental health of your elderly. Susan will be able to assess or direct to the correct agency. Phone and email consultations Foodbank, calls to kaumatua to check on wellbeing and see if assistance is required Only phone advice Working from home in regular contact with whanau via phone and online. Will be receiving about 300-400 sanitation packs through whanau ora and will be giving to priority of elderly, at risk etc. Still running food	Seniors Seniors Seniors Seniors Seniors Seniors Seniors
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Dignity First Hutt Valley DHB Care Coordination Supergrans Charitable Trust Wesley Haven Birthright Kokiri Marae	(04) 972 2595 0800 4344 6489 UH and LH 04 566 2226 and for wellington, porirua and kapiti 04 238 2020 (04) 566 9778 Kena Duignan - P: (04) 385 3727 M: 021 190 3818 04 5677123 and 0800 457 146 option 2 0508kokiri Joy Sipeli Ph: 021 2434346	Assisting with shopping, prescription pick ups Support over the phone from a Dementia Advisor Support for any day to day task that older people and whanau need, can help families organise their elderly loved ones, whether that being picking up groceries, prescriptions or whatever the family needs. If you have concerns of the wellbeing or mental health of your elderly. Susan will be able to assess or direct to the correct agency. Phone and email consultations Foodbank, calls to kaumatua to check on wellbeing and see if assistance is required Only phone advice Working from home in regular contact with whanau via phone and online. Will be receiving about 300-400 sanitation packs through whanau ora and will be giving to priority of elderly, at risk etc. Still running food parcels. Mobile service of flu injections to priority a group Pacific Health Services 1) "Lima Agalelei" Relief Package up to \$400 an awesome package for young famailies and	Seniors Seniors Seniors Seniors Seniors Whanau
Dignity First Hutt Valley DHB Care Coordination Supergrans Charitable Trust Wesley Haven Birthright Kokiri Marae Whanau Support	(04) 972 2595 0800 4344 6489 UH and LH 04 566 2226 and for wellington, porirua and kapiti 04 238 2020 (04) 566 9778 Kena Duignan - P: (04) 385 3727 M: 021 190 3818 04 5677123 and 0800 457 146 option 2 0508kokiri Joy Sipeli Ph: 021 2434346 Landline: (04)390 0064	Assisting with shopping, prescription pick ups Support over the phone from a Dementia Advisor Support for any day to day task that older people and whanau need, can help families organise their elderly loved ones. whether that being picking up groceries, prescriptions or whatever the family needs. If you have concerns of the wellbeing or mental health of your elderly. Susan will be able to assess or direct to the correct agency. Phone and email consultations Foodbank, calls to kaumatua to check on wellbeing and see if assistance is required Only phone advice Working from home in regular contact with whanau via phone and online. Will be receiving about 300-400 sanitation packs through whanau ora and will be giving to priority of elderly, at risk etc. Still running food parcels. Mobile service of flu injections to priority a group Pacific Health Services 1) "Lima Agalelei" Relief Package up to \$400 an awesome package for young famailies and for our older members. Up to \$400 - to help with grocery shopping to up - for your pay go and up to \$400 - to	Seniors Seniors Seniors Seniors Seniors Whanau
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Dignity First Hutt Valley DHB Care Coordination Supergrans Charitable Trust Wesley Haven Birthright Kokiri Marae Whanau Support Net - Pacific Health Wainuiomata Marae Womens Refugee: Lower Hutt	(04) 972 2595 0800 4344 6489 UH and LH 04 566 2226 and for wellington, porirua and kapiti 04 238 2020 (04) 566 9778 Kena Duignan - P: (04) 385 3727 M: 021 190 3818 04 5677123 and 0800 457 146 option 2 0508kokiri Joy Sipeli Ph: 021 2434346 Landline: (04)390 0064 manager@net-inc.org.nz	Assisting with shopping, prescription pick ups Support over the phone from a Dementia Advisor Support for any day to day task that older people and whanau need, can help families organise their elderly loved ones, whether that being picking up groceries, prescriptions or whatever the family needs. If you have concerns of the wellbeing or mental health of your elderly. Susan will be able to assess or direct to the correct agency. Phone and email consultations Foodbank, calls to kaumatua to check on wellbeing and see if assistance is required Only phone advice Working from home in regular contact with whanau via phone and online. Will be receiving about 300-400 sanitation packs through whanau ora and will be giving to priority of elderly, at risk etc. Still running food parcels. Mobile service of flu injections to priority a group Pacific Health Services 1) "Lima Agalelei" Relief Package up to \$400 an awesome package for young famailies and for our older members. Up to \$400 - to help with grocery shopping to up - for your pay go and up to \$400 - to help with paying rent arrears and anything else you might need. Click on this link to fill out the application form to apply for this awesome package. https://www.pacifichealthhutt.co.nz/covid19-lima-agalelei-application-f?fbclid=IwAR2f1Tf67csQssM5nsST-YPq2uITgqYhYzhndRdbOXL73COxZuzUh0tWyZg Business as usual with 1 staff member working from the Centre Building BAU	Seniors Seniors Seniors Seniors Seniors Whanau Whanau Whanau Whanau Whomen
Dignity First Hutt Valley DHB Care Coordination Supergrans Charitable Trust Wesley Haven Birthright Kokiri Marae Whanau Support Net - Pacific Health Wainuiomata Marae Womens Refugee: Lower Hutt Womens Refugee: Maori	(04) 972 2595 0800 4344 6489 UH and LH 04 566 2226 and for wellington, porirua and kapiti 04 238 2020 (04) 566 9778 Kena Duignan - P: (04) 385 3727 M: 021 190 3818 04 5677123 and 0800 457 146 option 2 0508kokiri Joy Sipeli Ph: 021 2434346 Landline: (04) 390 0064 manager@net-inc.org.nz	Assisting with shopping, prescription pick ups Support over the phone from a Dementia Advisor Support for any day to day task that older people and whanau need, can help families organise their elderly loved ones. Whether that being picking up groceries, prescriptions or whatever the family needs. If you have concerns of the wellbeing or mental health of your elderly. Susan will be able to assess or direct to the correct agency. Phone and email consultations Foodbank, calls to kaumatua to check on wellbeing and see if assistance is required Only phone advice Working from home in regular contact with whanau via phone and online. Will be receiving about 300-400 sanitation packs through whanau ora and will be giving to priority of elderly, at risk etc. Still running food parcels. Mobile service of flu injections to priority a group Pacific Health Services 1) "Lima Agalelei" Relief Package up to \$400 an awesome package for young famailies and for our older members. Up to \$400 - to help with grocery shopping to up - for your pay go and up to \$400 - to help with paying rent arrears and anything else you might need. Click on this link to fill out the application form to apply for this awesome package. https://www.pacifichealthhutt.co.nz/covid19-lima-agalelei-application-f?fbclid=lwAR2f1Tf67csQssM5nsST-YPq2ulTgqYhYzhndRdbOXL73COxZuzUh0tWyZg Business as usual with 1 staff member working from the Centre Building BAU BAU, isolation room at the safe house, online/phone intervention/referrals will continue	Seniors Seniors Seniors Seniors Seniors Whanau Whanau Whanau Whanau Women Women
Dignity First Hutt Valley DHB Care Coordination Supergrans Charitable Trust Wesley Haven Birthright Kokiri Marae Whanau Support Net - Pacific Health Wainuiomata Marae Womens Refugee: Lower Hutt	(04) 972 2595 0800 4344 6489 UH and LH 04 566 2226 and for wellington, porirua and kapiti 04 238 2020 (04) 566 9778 Kena Duignan - P: (04) 385 3727 M: 021 190 3818 04 5677123 and 0800 457 146 option 2 0508kokiri Joy Sipeli Ph: 021 2434346 Landline: (04)390 0064 manager@net-inc.org.nz	Assisting with shopping, prescription pick ups Support over the phone from a Dementia Advisor Support for any day to day task that older people and whanau need, can help families organise their elderly loved ones, whether that being picking up groceries, prescriptions or whatever the family needs. If you have concerns of the wellbeing or mental health of your elderly. Susan will be able to assess or direct to the correct agency. Phone and email consultations Foodbank, calls to kaumatua to check on wellbeing and see if assistance is required Only phone advice Working from home in regular contact with whanau via phone and online. Will be receiving about 300-400 sanitation packs through whanau ora and will be giving to priority of elderly, at risk etc. Still running food parcels. Mobile service of flu injections to priority a group Pacific Health Services 1) "Lima Agalelei" Relief Package up to \$400 an awesome package for young famailies and for our older members. Up to \$400 - to help with grocery shopping to up - for your pay go and up to \$400 - to help with paying rent arrears and anything else you might need. Click on this link to fill out the application form to apply for this awesome package. https://www.pacifichealthhutt.co.nz/covid19-lima-agalelei-application-f?fbclid=IwAR2f1Tf67csQssM5nsST-YPq2uITgqYhYzhndRdbOXL73COxZuzUh0tWyZg Business as usual with 1 staff member working from the Centre Building BAU	Seniors Seniors Seniors Seniors Seniors Whanau Whanau Whanau Whanau Whomen