



Tākaro Resources

Ehara taku toa i te toa takitahi. Engari,
he toa takitini
My strength is not the strength of one.
It is the strength of many.



Nuku Ora

An active Wellington region

Tākaro resources in different region

[Play in the Hutt](#)

[Play in Upper Hutt](#)

[Pārekareka – Play your way every day](#)

[Porirua Parks and Reserves](#)

[Stay and play in Kāpiti this summer](#)

[Masterton - Play](#)

[Carterton Park areas](#)

[South wairarapa Park](#)

[It's time to Push Play – Again, Aotearoa](#)

[Five phases of regional play](#)

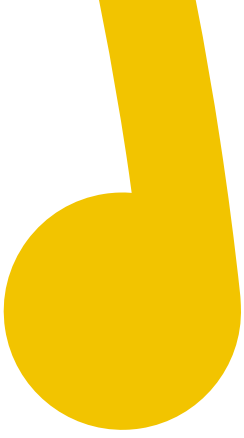
[Health Tākaro](#)

[Ways to get active](#)



Useful Links for:

1. Māori Organisations: [Tū Matau Ora](#)
2. Inclusion and Disability: [Neelu Jennings](#)
3. Youth and Holiday Programmes: [Y Central](#)
4. Health organisations: [Healthy Families Hutt Valley He Oranga whānau](#)
5. Primary Schools: [Nuku Ora Healthy Active Learning](#)



Through the approach of the [Wellington Regional Physical Activity Strategy](#). The journey by working better together will provide access to quality tākaro experiences through shoulder-to-shoulder māhi across our region and ensuring our people and whānau are at the heart of tākaro for any decision making. Through this journey we will establish and share the aligning narrative that will see a higher level of awareness, knowledge and understanding of tākaro across our Wellington region and wider.

Our Tākaro Pou Tarāwaho is a sharing of passion, energy, knowledge and understanding for the value of tākaro in a child's life and is a way for celebrating the uniqueness of our taonga that is Te Whanganui-a-Tara tākaro.

For more information check out our: [Tākaro Pou Tarāwaho 2023 \(Framework\)](#)

The logo for Nuku Ora features the word "Nuku" in a bold, sans-serif font, followed by "Ora" in a similar font. The letter "O" in "Ora" is stylized as a circular graphic composed of several concentric, slightly offset white lines, creating a sense of motion or a target.

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